


IAR-DST training workshops for GPs and mental healthcare workers

The Initial Assessment and Referral Decision Support Tool (IAR-DST) for mental health care assists general practitioners and clinicians in recommending a level of care for a person seeking mental health support.



The IAR- DST:

- provides a framework for GPs and clinicians to consider consumers presentation in the context of 8 holistic assessment domains and may also act as a prompt about the information to gather.
- aims to provide: a common approach and language for communicating the intensity of the treatment response (level of care) across service providers.

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| Educational Activities | Measuring Outcomes | Reviewing Performance |
| 1.5 hours | 00 hours | 0.5 hours |

The 2-hour training will focus on:

1. Introduction to the IAR-DST and the development of the National Guidance.
2. Orientation to the domains, levels of care, and Decision Support Tool.
3. Clinical judgement and supported decision-making.
4. Practical application of the IAR-DST using a training scenario.

Contact us for in-person training at your practice (minimum numbers may apply).



Further information

For more information please visit the EMPHN website: www.emphn.org.au/iar-dst or scan the QR code

Contact: iar.info@emphn.org.au or 03 9046 0301